

SHCPS Weekly Newsletter

September 11, 2009

Hope is our Core Value for September.

Save the Date:	
Sept. 12: Stomp Performs at the Blackstone Valley Canal Fest 11:00AM and 5:00PM Sept. 14: Instrument Night 6:00 PM Sept. 15: Community Banking Visit, SAC Meeting 6:00 PM Sept. 16: After School Activity Sign Ups Due Sept. 21: After School Activities Begin This Week	Sept. 22: Sped PAC 6pm Sept. 24: Circus Visits (Grade K-5) Sept. 25: Grade 7 Fieldtrip to Purgatory Chasm Oct. 9: No School Oct. 12: No School

Mon. = Day 2

Tue.= Day 3

Wed. = Day 4

Thurs. = Day 5

Fri. = Day 6

Be kind. Be safe. Be responsible.

Dear Families,

Earlier this week, when President Obama addressed our nation's school children, he talked a lot about one of our SHCPS Core Values - responsibility. When it comes to education, we all have a responsibility to create conditions that allow every child to succeed. To our students, he says,

"...at the end of the day, we can have the most dedicated teachers, the most supportive parents, and the best schools in the world - and none of it will matter unless all of you fulfill your responsibilities. Unless you show up to those schools; pay attention to those teachers; listen to your parents, grandparents and other adults; and put in the hard work it takes to succeed. And that's what I want to focus on today: the responsibility each of you has for your education. I want to start with the responsibility you have to yourself. ..."

Please talk with your child about these responsibilities, and the opportunities that become available to them as a result of their meeting their responsibilities. Together, we can help all children reach their full potential.

Sincerely,

Krista Piazza, Superintendent

Star Students Congratulations to Tymannie Isales, Lamont Gainey, Martha Salinas, Saviel Laracuente, Luis Zelayandia, Nyles Irving, Thara Abdalla, Travis Katinas, Robert McFetridge, Yaitxa Garces and Ayana Martinez.

Thank you! Ms. Marilyn Marrero for cleaning out our lost and found and uniform closet! We truly appreciate you.

Rainbow House News Did you know that studies have shown that students who play instruments not only develop talents that will give them a lifetime of pleasure but they also increase their achievement in school, particularly in math? Please join Robinson Music on Monday night at 6 p.m. to learn more about instrumental music opportunities available at Seven Hills!

The weekly "La Frase Secreta" contest is up and running again! Please look for next week's secret phrase in the Eastern Avenue entrance way and post your solution there for a chance to win! The Rainbow House would also like to recognize a star student of the week for each academy. The star students will be selected by being kind, safe and responsible. They are always prepared to learn and demonstrate an understanding of the value of education. They show their core values and are always in uniform. Congratulations to Elvina Lamaj, Jordan Barber and Mikayla Bourgault for being this week's star students.

After School Activities Seven Hills is excited to offer first term activities starting the week of Sept. 21st. All sign up's (attached) are due to the main office no later than Wednesday, Sept, 16th.



Parent Partnerships Thank you for a great start to the Parent Guild Fall Fundraiser. Please continue to sell raffle tickets so we can meet our goal of raising \$10,000. Thank you also to those parents who attended this week's Parent Guild meeting. As a result of discussions at the meeting, the Guild has decided to run dress down days a bit differently this year. Starting in October, students will have an opportunity to prepay for ten dress down day tickets that may be cashed in throughout the year. Five of the tickets will need to be utilized on designated days. The students may use the other tickets whenever they'd like, with parent permission.

More information will be sent home in October. Other topics discussed at the meeting included the school store and the holiday bazaar. Join us at our next meeting on October 19th so your ideas can be heard as well! **Community Connections** Come see the SHCPS Stomp Team perform at the Blackstone Valley Canal Fest located on Harding Street. They'll be strutting their stuff on stage on Saturday at 11:00AM and again at 5:00 PM.



Help At Home: Please help us keep everyone at Seven Hills safe and healthy by following the recommendations of the Centers for Disease Control and Prevention.

Action Steps for Parents to Protect Your Child and Family from the Flu this School Year

1. **Practice good hand hygiene** by washing your hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective.
2. **Cover your mouth and nose** with a tissue when you cough or sneeze. If you don't have a tissue, cough or sneeze into your elbow or shoulder; not into your hands.
3. **Stay home if you or your child is sick** for at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine). Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with others.
4. **Get your family vaccinated** for seasonal flu and 2009 H1N1 flu when vaccines are available.

If flu conditions become MORE severe, parents should consider the following steps:

Extend the time sick children stay home for at least 7 days, even if they feel better sooner. People who are still sick after 7 days should continue to stay home until at least 24 hours after symptoms have completely gone away.

If a household member is sick, keep any school-aged brothers or sisters home for 5 days from the time the household member became sick. Parents should monitor their health and the health of other school-aged children for fever and other symptoms of the flu.

Follow these steps to prepare for the flu during the 2009-2010 school year:

- Plan for child care at home in case your child gets sick or their school is dismissed.
- Plan to monitor the health of the sick child and any other children in the household by checking for fever and other symptoms of flu.
- Identify if you have children who are at higher risk of serious disease from the flu and talk to your healthcare provider about a plan to protect them during the flu season. Children at high risk of serious disease from the flu include: children under 5 years of age and those children with chronic medical conditions, such as asthma and diabetes.
- Identify a separate room in the house for the care of sick family members.
- Update emergency contact lists.
- Collect games, books, DVDs and other items to keep your family entertained if schools are dismissed or your child is sick and must stay home.

Did you notice a mistake in this newsletter? Circle the mistake. Have your parents read and sign the newsletter and turn it in to Ms. Piazza on Monday morning to be entered into a raffle for a free dress down day.

SHCPS Weekly Challenge

Completed challenges are due to Ms. Piazza each Monday morning.

This week's challenge: Go to <http://www.youtube.com/watch?v=8ZZ6GrzWkw0> to listen to President Obama's speech again as a family. Discuss his key messages and complete the tasks below.

Primary Academy: Make a list of at least five responsibilities you have as a student at SHCPS.

Elementary / Junior Academy: Write a letter to President Obama telling him what you thought about his speech. Give at least three specific examples of things that you learned, agreed with or disagreed with.

Junior Academy: The fact that President Obama wanted to address school children was quite controversial throughout the country. Some schools even banned classes from watching the speech for fear that he would use the forum to push his personal political agenda. How do you feel about this? Write a short essay stating your opinion and supporting it with specific examples from the speech.

After School Activities

Seven Hills is please to offer the following afterschool activities free of charge to our students. If your child is interested in participating please complete the form below and return to the main office by September 16th. Please remember students must be picked up on time at the Eastern Ave exit.

Fitness Club: Ms. McDonald will host Fitness Club on Wednesdays starting Sept. 23rd from 3-4pm.

Flag Football: Mr. Roy will bring these students to East Park on Tuesdays from Sept 22 to Nov 3 (3-4:30). There will be a student vs. staff flag football game on Tuesday, November 10th at East Park at 11am.

Basketball for Grade 5&6 students: Ms. Roy will hold tryouts here in the Seven Hill's gym on Sept 22 and Sept 24 from 3-5pm. The game schedule is still in process.

National Junior Honor Society Tutoring: Our NJHS students will tutor SHCPS students on Monday's and Wednesday's in room 113 from 3 to 4:15pm.

Please return permission slip to the main office by September 16th.

I give permission for my child _____ from homeroom
_____ to stay AFTERSCHOOL for _____.

I will pick up my child up on Eastern Ave at _____ p.m.

Parent signature

Date