

SHCPS *Breakfast* September 2011

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
College Week				
8	9	10	11	12
Low Sugar Loops Animal Crackers Fruit Juice 1% milk	Raisin Bran Poptart Fresh Fruit 1% milk	Coca Krispies Apple Squares Fruit Juice 1% milk	Golden Grahams Mini Muffin Fresh Fruit 1% milk	Cheerios Graham Crackers Fruit Juice 1% milk
15	16	17	18	19
Assorted Cereal Strawberry Crackers Orange Juice 1% milk	Bagel w/ Cream Cheese Fresh Fruit 1% milk	Lucky Charms fresh fruit Fruit juice 1% milk	Golden Grahams Brown sugar Poptart fruit juice 1% milk	Kix blueberry muffin Fresh fruit 1% milk
22	23	24	25	26
Raisin bran Breakfast Squares Fruit Juice 1% milk	Apple jacks blueberry muffin fruit juice 1% milk	Cocoa krispies cinnamon squares fresh fruit 1% milk	Cheerios strawberry crackers Fresh Fruit 1% milk	Blueberry Muffin fresh fruit Fruit Juice 1% milk
29	30	31		
Berry Berry Kix Fruit Juice Breakfast Bar 1% milk	Lucky Charms fresh fruit Fruit juice 1% milk	Assorted Cereal Strawberry Crackers Orange Juice 1% milk		

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