

# Seven Hills Charter *September 2010* Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
College Week				
6	7	8	9	10
<b><i>Sunbutter &amp; Jelly</i></b> <b><i>Turkey &amp; Cheese on a wheat Bulkie</i></b> <i>Fresh Fruit</i> <i>baked Chips</i>	<b><i>Sunbutter &amp; Jelly</i></b> or Fruit & Cheese Salad or Italian Grinder Fresh Fruit Choc. Chip Cookie	<b><i>Sunbutter &amp; Jelly</i></b> <b><i>Turkey &amp; Cheese on a wheat Bulkie</i></b> <b>or Chef's Salad</b> <b><i>Goldfish</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> or Fruit & Cheese Salad or Italian Grinder Fresh Fruit Baked Chips	<b><i>Sunbutter &amp; Jelly</i></b> or Assorted Deli Sandwiches Fresh Fruit Belly Bear Cookie
13	14	15	16	17
<b><i>Sunbutter &amp; Jelly</i></b> Ham & Cheese Grinder Turkey & Cheese Wraps Fresh Fruit <b><i>Baked Chips</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> or Fruit & Cheese Salad or Italian Grinder Fresh Fruit <b><i>Baked Chips</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> Ham & Cheese Bulkie or Garden Salad <b><i>Fresh Fruit</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> or Chef's Salad Turkey & Cheese Grinder Fresh Fruit <b><i>Carrot Sticks</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> or Assorted Deli Sandwiches Fresh Fruit & Carrot Sticks Fruit Juice
20	21	22	23	24
<b><i>Sunbutter &amp; Jelly</i></b> Turkey & Cheese Wraps or Ham & Cheese Bulkie Fresh Fruit Baked Chips & Pretzels	<b><i>Sunbutter &amp; Jelly</i></b> or Tuna Salad Wrap or Ham & Cheese Bulkie Fresh Fruit Baked Chips <b><i>Animal Cracker</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> or Fruit & Cheese Salad or Italian Grinder or Assorted Wraps Pretzels <b><i>Fresh Fruit</i></b>	<b><i>Sunbutter &amp; Jelly</i></b> or Chef's Salad or Turkey & Cheese Carrot Sticks Fresh Fruit	<b><i>Sunbutter &amp; Jelly</i></b> or Assorted Deli Sandwiches Fresh Fruit & Carrot Sticks
27	28	29	30	
<b><i>Sunbutter &amp; Jelly</i></b> or Tuna Salad Wrap Fresh Fruit Pretzels <i>Fruit Juice</i>	<b><i>Sunbutter &amp; Jelly</i></b> or Fruit & Cheese Salad or Italian Grinder Fresh Fruit Goldfish Crackers	<b><i>Sunbutter &amp; Jelly</i></b> <b>or Fruit &amp; Cheese Salad</b> or Ham & Cheese Grinder Fresh Fruit	<b><i>Sunbutter &amp; Jelly</i></b> or Chef's Salad or Turkey & Cheese Carrot Sticks Fresh Fruit	<b><i>Sunbutter &amp; Jelly</i></b> or Assorted Deli Sandwiches Fresh Fruit & Carrot Sticks

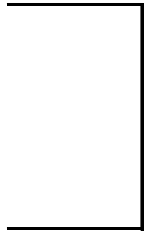
\*MENU SUBJECT TO CHANGE. Questions please call Tasha Griffin at ext 1114-

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Fresh Fruit & Carrot Sticks |

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