


# OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
<sup>3</sup> Baked Chicken Nuggets Potato Rounds Frozen Juice Bar Honey Wheat Pretzels <u>or Assorted Grinders</u>	<sup>4</sup> Rotini Bake w/ Meat Sauce Garden Green Peas Applesauce Garlic Bread <u>or Fruit &amp; Cheddar Salad</u> <u>or Assorted Wraps</u>	<sup>5</sup> Beef hot Dog Baked Fries Fresh Fruit Crackers <u>or Garden Salad</u> <u>or Chicken Teriyaki Salad</u>	<sup>6</sup> Cheeseburger Maple Baked Beans Fresh Fruit <u>or Assorted Wraps &amp; Sandwiches</u>	<sup>7</sup> <b>NO SCHOOL</b>
<sup>10</sup> No School  <b>COLUMBUS DAY</b>	<sup>11</sup> Mini Corn Dogs Potato Fun Shapes Mixed Fruit Cup <u>or Assorted Deli Grinders &amp; Wraps</u>	<sup>12</sup> Crispy Chicken Tenders (whole Grain) Cut Green Beans Fruit Juice <u>or Fruit &amp; Cheddar Salad</u>	<sup>13</sup> Whole Grain Chili & Cheese Quesadilla Corn Fresh Fruit Fall Cookie <u>or Assorted Wraps</u>	<sup>14</sup> Cheese Pizza Dippers Marinara Dipping Sauce Tossed Side Salad Fruit Juice <u>or Assorted Grinders</u>
<sup>17</sup> Chicken Dippers (whole grain) w/ Tomato Parmesan Dipping Sauce Applesauce Garlic Bread <u>or Deli Wraps &amp; Grinders</u>	<sup>18</sup> Buttermilk Waffles & Sausage Patty Potato Wedges Orange Juice <u>or Assorted Salads</u>	<sup>19</sup> Meatball Sub w/ Tomato Sauce Garden veggies Fresh Fruit Goldfish Crackers <u>or Salads &amp; Grinders</u>	<sup>20</sup> Chicken Patty Garden Veggies Fresh Fruit <u>or Salads &amp; Grinders</u>	<sup>21</sup> French Bread pepperoni Pizza baby Carrots Pear Cup Mini Muffin <b>or Salads, Wraps &amp; Grinders</b>
<sup>24</sup> Baked Chicken Nuggets (whole grain) Fruit Juice Fritos <u>Grinders &amp; Wraps</u>	<sup>25</sup> Macaroni & Cheese garden Green Peas Fruit Juice jello Cookie <u>Salads &amp; Wraps</u>	<sup>26</sup> Beef Hot Dog Baked Fries Fresh Fruit Popcorners <u>Salads &amp; Grinders</u>	<sup>27</sup> Italian Chicken Glazed Carrots Fresh Fruit <u>Salads &amp; Grinders</u>	<sup>28</sup> Whole Wheat Cheese Pizza Tossed Side Salad Peach Cup Mini Pretzels <u>Wraps &amp; Salads</u>
<sup>31</sup> Beef Taco & Tortilla Rounds (whole grain) Fruit Juice Refried beans <u>Grinders &amp; Wraps</u>	