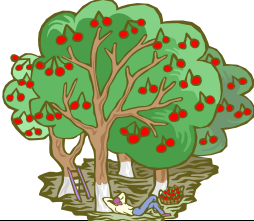



Seven Hills Charter *September 2011 Lunch*

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Hot Dog Baked Fries Fresh Fruit or Assorted Sandwiches	2 French Bread Pizza Fruit Juice Choc. Chip Cookie or Sunbutter & Jelly
	<h1 style="color: red; text-shadow: 2px 2px 4px #ccc;">School Break</h1>			
12 Chicken Dippers Applesauce Garlic Bread or Sunbutter & Jelly	13 Buttermilk Waffle w/ Beef Sausage Potato Rounds or Fruit & Cheese Salad	14 Meatball Sub Mashed Potatoes Fresh Fruit Goldfish Assort. Wraps & Grinders	15 Chicken Patty Garden Veggies Fresh Fruit Chicken Teriyaki Salad	16 French Bread Pizza Baby Carrots Pears Cherry Cake Assort. Wraps & Grinders
19 Baked Chicken Nuggets Potato Rounds Fruit Juice & Fritos or Sunbutter & Jelly	20 Macaroni & Cheese Garden Green Fruited Gelatin Apple Crisps or Fruit & Cheese Salad	21 Beef Hot Dog baked fries Garden Veggies Fresh Fruit Garlic Bread Assort. Wraps & Grinders	22 Chicken Parmesan Glazed Carrots Fresh Fruit or Chicken Teriyaki Salad	23 Whole Wheat Pizza Tossed Salad Peach Cup Mini Pretzels Assort. Wraps & Grinders
27 Beef Taco Meat refried Beans Fruit Juice Tortilla Rounds Sunbutter & Jelly	28 Popcorn Chicken Potato Fun Shapes Mixed Fruit Cup Corn Muffin Ham & Cheese Grinder	29 Hamburger Potato Rounds Fruit Honey Wheat Pretzels Assort. Wraps & Grinders	30 Spaghetti w/ Meat Sauce Cut Green Beans Fresh Fruit Garlic Bread Chicken Teriyaki Salad	Cheese Pizza Dippers Tossed Salad Pear Cut Goldfish Crackers Assort. Wraps & Grinders

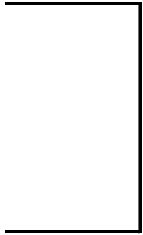
*MENU SUBJECT TO CHANGE. Questions please call Tasha Griffin at ext 1114-

Seven Hills Charter *September 2011 Lunch*

All Lunches are served with a choice of low fat 1% milk or low fat chocolate milk

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Seven Hills Charter *September 2011 Lunch*



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