

# SHCPS *Breakfast* September 2011

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Fruit Loops Graham Crackers Orange Juice 1% milk	2 Blueberry Muffin Graham Crackers Fruit Juice 1% milk
5 Labor Day 	6	7	8	9
School Break				
12 Fruity Cheerios Nurtigrain Bars Orange Juice  1% milk	13 Bagel w/ Cream Cheese Fresh Fruit  1% milk	14 Blueberry Muffin Fresh Fruit Fruit juice  1% milk	15 Rice Krispies Poptart Fruit Juice  1% milk	16 Frosted Flakes Mini Muffin Fruit Juice  1% milk
19 Corn Pops Breakfast Squares Fruit Juice  1% milk	20 Apple jacks blueberry muffin fruit juice  1% milk	21 Raisin Bran Glazed Donut fresh fruit  1% milk	22 Cheerios strawberry crackers Fresh Fruit  1% milk	23 Blueberry Muffin fresh fruit Fruit Juice  1% milk
26 Berry Berry Kix Fruit Juice Breakfast Bar 1% milk	27 Lucky Charms fresh fruit Fruit juice 1% milk	28 Assorted Cereal Strawberry Crackers Orange Juice 1% milk	29 Bagel w/ Cream Cheese Fresh Fruit 1% milk	30 Fruity Cheerios Raisin Bagel Fruit Juice 1% milk

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